Child and Adolescent Psychiatrist, Finland

This is an opportunity to work within child and adolescent psychiatry in a close-knit Nordic healthcare environment, while living in a peaceful island community surrounded by nature and the sea.

About the Island:
This Nordic island is home to approximately 30,000 residents and offers a safe, peaceful and family-friendly environment. With its beautiful archipelago, clean air and easy access to outdoor activities such as hiking, sailing and cycling, the island provides excellent opportunities for an active lifestyle outside of work.

For professionals considering relocation with their families, the island offers schools, daycare services and a welcoming community within a compact geographical area.

About the psychiatric service:
The child and adolescent psychiatric service covers the entire island and serves approximately 5,900 children and adolescents aged 0–17.

The service is primarily outpatient-based and currently has around 140 active patients, with approximately 210 referrals per year. About 50% of referrals relate to neurodevelopmental conditions, making ADHD and autism an important part of the clinical work.

Common psychiatric conditions include:
Depression
Anxiety disorders
Obsessive-compulsive disorder (OCD)
ADHD
Autism
Other child and adolescent psychiatric conditions
Treatment includes psychological and psychotherapeutic interventions, pharmacological treatment, psychoeducation and support for both patients and their families.

When needed, the team also collaborates with schools, social services and other healthcare providers.

About the Role:
As a specialist in child and adolescent psychiatry, you will have a broad and varied clinical role with the opportunity to follow patients throughout their assessment and treatment.

Your responsibilities will include:
Assessing, diagnosing and treating children and adolescents with a broad range of psychiatric conditions
Working with both general psychiatric and neurodevelopmental conditions, including ADHD and autism
Developing and following up individualized treatment plans
Providing pharmacological treatment when appropriate
Working closely with psychologists, nurses, social workers and other healthcare professionals
Collaborating with families, schools, social services and other healthcare providers when needed
Participating in clinical discussions and contributing your specialist expertise to the multidisciplinary team
Supporting and mentoring residents and junior doctors
Contributing to the continued development of the psychiatric service
Physicians typically see approximately 4–5 patients per day, alongside clinical rounds, acute assessments and other outpatient responsibilities.

There may also be opportunities for further professional development and increased responsibility within the organisation.

Outpatient Work and Acute Psychiatry:
The work is predominantly outpatient-based. The child and adolescent psychiatric service does not have its own inpatient ward or separate on-call service.

Acute cases are primarily handled through a reserved acute appointment at the outpatient clinic each week. Other urgent cases may present through the emergency department or psychiatric inpatient services.

When required, the initial assessment can be carried out by the on-call physician within adult psychiatry, in consultation with the child and adolescent psychiatric team.

If a patient requires inpatient care, this is arranged in cooperation with adult psychiatry or the paediatric department, depending on the patient's age, clinical needs and availability.

This structure allows you to focus primarily on planned outpatient psychiatric care while still being involved in acute assessments when required.

Requirements:
We are looking for a specialist who:
Holds an EU-recognised specialist qualification in child and adolescent psychiatry

Has broad clinical experience in assessing and treating psychiatric conditions in children and adolescents
Is comfortable working with neurodevelopmental conditions such as ADHD and autism
Can work independently while also enjoying close multidisciplinary collaboration
Has strong communication skills and a patient- and family-centered approach
Is interested in contributing to the professional development of colleagues and junior doctors
Communicates well in English and is motivated to learn Swedish

Why consider this opportunity?
Work-life balance: Outpatient-based work with no dedicated on-call duties within the child and adolescent psychiatric service.
Broad clinical role: Work across child and adolescent psychiatry, with significant exposure to ADHD, autism and other psychiatric conditions.
Collaborative environment: Join a close multidisciplinary team and contribute with your specialist expertise.
Nordic island lifestyle: Enjoy a safe, family-friendly community surrounded by nature and the sea.

We offer:
Personal and ongoing support from your dedicated recruiter
Assistance with authorization and specialist recognition when required
Support throughout the relocation process
Assistance related to accommodation and practical relocation matters
Support for accompanying family members
Access to language training with a private tutor via Teams or Skype.

To Apply:
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